

**RECORDS VSI Long Course**

**LC Meters-Women**

10 & U	50 Free	29.57	14-Jul-95	RVSI	Bernetta McGuire	
	100 Free	1:04.16	16-May-94	RAYS	Trisha Blackwell	
	200 Free	2:20.27	7-Aug-13	GATR	Miranda B. Kirtley	
	400 Free	4:52.86	7-Aug-13	GATR	Miranda B. Kirtley	
	50 Back	34.06	14-Jun-91	NOVA	Jennifer Lushao	
	100 Back	1:13.05	17-May-91	NOVA	Jennifer Lushao	
	50 Breast	38.20	3-May-13	TIDE	Lauren A. Barakey	
	100 Breast	1:25.70	18-May-00	UNAT	Katie Hoff	
	50 Fly	32.02	5-Aug-98	TIDE	Stephanie Jones	
	100 Fly	1:10.94	13-Jun-14	NOVA	Zoe A. Dixon	
	200 IM	2:37.75	18-May-00	UNAT	Katie Hoff	
	200 Free Relay	2:08.13	1-Aug-85	BRAC	BRAC	Mountjoy, Burden, Allen, Billings
	400 Free Relay	4:42.13	25-Jul-13	GATR	Virginia Gators	C. Summerlin, E. Higgins, K. John, M. Kirtley
	200 Medley Relay	2:23.08	24-Jul-14	NOVA	NOVA of Virginia Aquatics	E. Ahmed, M. Tan, Z. Dixon, M. Ferguson
11-12	50 Free	27.66	9-Aug-00	CCA	Julie Sablik	
	100 Free	1:01.06	20-Jul-90	ODAC	Elizabeth Knorre	
	200 Free	2:10.55	20-Jul-90	ODAC	Elizabeth Knorre	
	400 Free	4:31.32	26-Jul-12	NOVA	Madeleine W. Hadd	
	800 Free	9:22.30	26-Jul-12	NOVA	Madeleine W. Hadd	
	1500 Free	17:48.71	26-Jul-12	NOVA	Madeleine W. Hadd	
	50 Back	31.73	24-Jul-14	GATR	Olivia G. Bray	
	100 Back	1:08.51	24-Jul-14	GATR	Olivia G. Bray	
	200 Back	2:26.23	1-Aug-14	GATR	Olivia G. Bray	
	50 Breast	34.95	24-Jul-14	RAYS	Georgia L. Johnson	
	100 Breast	1:15.90	24-Mar-15	TIDE	Lauren A. Barakey	
	200 Breast	2:38.32	24-Mar-15	TIDE	Lauren A. Barakey	
	50 Fly	29.46	24-Jul-14	GATR	Olivia G. Bray	
	100 Fly	1:04.36	6-Aug-83	TOP	Whitney Hedgepeth	
	200 Fly	2:23.04	1-Aug-14	GATR	Olivia G. Bray	
	200 IM	2:27.44	1-Jun-02	TPHN	Katie Hoff	
	400 IM	5:08.35	1-Jun-02	TPHN	Katie Hoff	
	200 Free Relay	1:56.73	24-Jul-14	GATR	Virginia Gators	O. Bray, M. Kirtley, C. Summerlin, B. Knisely
	400 Free Relay	4:16.43	24-Jul-14	GATR	Virginia Gators	O. Bray, M. Kirtley, C. Summerlin, B. Knisely
	200 Medley Relay	2:10.45	28-Jul-05	NOVA	NOVA	E. Worrell, R. Rainer, T. Dula, A. Brown
	400 Medley Relay	4:43.90	24-Jul-14	GATR	Virginia Gators	C. Summerlin, E. Higgins, O. Bray, B. Knisely
13-14	50 Free	26.76	31-Jul-01	GATR	Clare Wooddall-Gainey	
	100 Free	57.87	31-Jul-01	GATR	Clare Wooddall-Gainey	
	200 Free	2:05.51	14-Jul-11	SMAC	Remedy A. Rule	
	400 Free	4:19.11	8-Feb-96	UNAT	Ginny Johnson	
	800 Free	8:51.42	8-Feb-96	UNAT	Ginny Johnson	
	1500 Free	16:50.14	8-Feb-96	UNAT	Ginny Johnson	
	100 Back	1:04.08	1-Jul-11	SMAC	Remedy A. Rule	
	200 Back	2:17.22	1-Jul-11	SMAC	Remedy A. Rule	
	100 Breast	1:11.96	17-Jul-08	PSDN	Olivia C. Ross	
	200 Breast	2:34.59	17-Jul-03	TPHN	Katie Hoff	
	100 Fly	1:02.36	* 8-Aug-11	SMAC	Remedy A. Rule	
	100 Fly	1:02.36	* 29-Jul-90	ODAC	Darby Chang	
	100 Fly	1:02.36	* 8-Aug-11	SMAC	Remedy A. Rule	

**RECORDS VSI Long Course**

13-14	200 Fly	2:12.92	<b>8-Aug-11</b>	SMAC	Remedy A. Rule	
	200 IM	2:16.97	<b>5-Aug-03</b>	TPHN	Katie Hoff	
	400 IM	4:50.82	<b>5-Aug-03</b>	TPHN	Katie Hoff	
	200 Free Relay	1:49.74	<b>19-Jul-14</b>	CGBD	CGBD	M. Morello, A. Slayton, C. Marsteller, A. Larson
	400 Free Relay	4:05.06	<b>25-Jul-13</b>	NOVA	NOVA of Virginia Aquatics	B. Gvozdas, E. Provenzo, M. Hadd
	800 Free Relay	8:52.97	<b>14-Jul-11</b>	SMAC	SMAC	R. Rule, J. Arnold, N. Hunt, O. Heeb
	200 Medley Relay	2:05.32	<b>24-Jul-14</b>	CGBD	Coast Guard Blue Dolphins	A. Larson, C. Marsteller, A. Slayton, A. Hoover
	400 Medley Relay	4:32.12	<b>30-Jul-09</b>	NOVA	NOVA	C. Areson, B. Carnes, M. Robinson, N. Gray
15-16	50 Free	25.78	<b>17-Mar-15</b>	PSDN	Casey Fanz	
	100 Free	56.72	<b>29-Jun-08</b>	TIDE	Rebecca L. Jones	
	200 Free	2:01.94	<b>27-Jul-87</b>	VACS	Whitney Hedgepeth	
	400 Free	4:15.42	<b>5-Aug-13</b>	NOVA	Jessie E. Gvozdas	
	800 Free	8:46.22	<b>4-Aug-08</b>	NOVA	Rachel Naurath	
	1500 Free	16:47.78	<b>4-Aug-08</b>	NOVA	Rachel Naurath	
	100 Back	1:03.22	<b>22-Jul-10</b>	US	Madison E. Hahn	
	200 Back	2:14.37	<b>10-Aug-09</b>	PSDN	Kallie Golden	
	100 Breast	1:11.35	<b>17-Mar-09</b>	NOVA	Rebecca L. Rainer	
	200 Breast	2:31.69	<b>17-Mar-09</b>	NOVA	Rebecca L. Rainer	
	100 Fly	1:01.41	<b>5-Aug-13</b>	SMAC	Remedy A. Rule	
	200 Fly	2:11.32	<b>5-Aug-13</b>	SMAC	Remedy A. Rule	
	200 IM	2:18.47	<b>4-Aug-86</b>	VACS	Whitney Hedgepeth	
	400 IM	4:50.39	<b>17-Mar-09</b>	NOVA	Rebecca L. Rainer	
	200 Free Relay	1:50.32	<b>25-Jul-10</b>	QSTS	QSTS	K. Jones, K. Iverson, H. Hoffert, C. Buscaglia
	400 Free Relay	3:53.92	<b>4-Aug-08</b>	NOVA	NOVA	A. Titley, A. Brown, A. Haulsee, R. Naurath
	800 Free Relay	8:18.64	<b>17-Mar-09</b>	NOVA	NOVA	R. Naurath, A. Haulsee, A. Brown, A. Titley
	200 Medley Relay	2:03.47	<b>21-Jul-11</b>	PSDN	PSDN	K. Tomenchokj, O. Ross, M. Boswell, E. Maltby
400 Medley Relay	4:17.68	<b>17-Mar-09</b>	NOVA	NOVA	E. Worrell, R. Rainer, R. Naurath, A. Titley	
17-18	50 Free	25.97	<b>25-Jul-14</b>	QSTS	Meredith Vay	
	100 Free	56.21	<b>2-Aug-11</b>	UVAA	Emily Lloyd	
	200 Free	2:00.31	<b>8-Aug-88</b>	VACS	Whitney Hedgepeth	
	400 Free	4:13.14	<b>3-Aug-10</b>	NOVA	Rachel Naurath	
	800 Free	8:44.88	<b>10-Aug-09</b>	NOVA	Rachel Naurath	
	1500 Free	16:36.72	<b>10-Aug-09</b>	NOVA	Rachel Naurath	
	100 Back	1:01.85	<b>17-Aug-92</b>	NOVA	Kerry O'Hanlon	
	200 Back	2:14.38	<b>17-Aug-92</b>	NOVA	Kerry O'Hanlon	
	100 Breast	1:10.57	<b>9-Aug-10</b>	NOVA	Rebecca Rainer	
	200 Breast	2:32.51	<b>7-Aug-12</b>	NOVA	Blair M. Carnes	
	100 Fly	1:00.37	<b>24-Mar-15</b>	QSTS	Madeline A. Banic	
	200 Fly	2:09.65	<b>3-Aug-10</b>	NOVA	Rachel Naurath	
	200 IM	2:16.36	<b>8-Aug-88</b>	VACS	Whitney Hedgepeth	
	400 IM	4:49.59	<b>2-Aug-11</b>	NOVA	Emma C. Nunn	
	200 Free Relay	1:49.90	<b>21-Jul-11</b>	ODAC	ODAC	G. Bishop, S. White, K. Zelinski, M Loper
	400 Free Relay	3:57.27	<b>24-Jul-10</b>	NOVA	NOVA	R. Naurath, A. Haulsee, A. Brown, A. Titley
	800 Free Relay	8:30.57	<b>21-Jul-11</b>	NOVA	NOVA	A. Haulsee, E. Nunn, A. Brown, A. Titley
	200 Medley Relay	2:05.54	<b>25-Jul-09</b>	PSDN	PSDN	L. Pierce, S. Randall, L. Webber, E. Bartholomew
	400 Medley Relay	4:22.78	<b>27-Jul-87</b>	VACS	VACS	Coulson, Brinser, Hedgepeth, Burgess
	50 Free	25.44	<b>29-Jun-08</b>	UN-01	Sara M. Smith	
	100 Free	55.49	<b>2-Aug-11</b>	UVAA	Lauren B. Perdue	
	200 Free	1:57.75	<b>25-Jun-12</b>	UVAA	Lauren B. Perdue	

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400 Free	4:10.64	<b>2-Aug-11</b>	NOVA	Rachel S. Naurath	
800 Free	8:41.07	<b>2-Aug-11</b>	NOVA	Rachel S. Naurath	
1500 Free	16:36.72	<b>10-Aug-09</b>	NOVA	Rachel Naurath	
100 Back	1:01.83	<b>7-Aug-12</b>	UVAA	Ellen P. Williamson	
200 Back	2:12.04	<b>7-Aug-12</b>	UVAA	Ellen P. Williamson	
100 Breast	1:08.85	<b>29-Jun-08</b>	UN-03	Jessica A. Botzum	
200 Breast	2:30.48	<b>2-Aug-11</b>	UVAA	Christine Olson	
100 Fly	59.82	<b>8-Aug-98</b>	ODAC	Mary T. Meagher	
200 Fly	2:09.13	<b>8-Aug-98</b>	ODAC	Mary T. Meagher	
200 IM	2:14.57	<b>6-Aug-14</b>	CAV	Kaitlyn E. Jones	
400 IM	4:47.95	<b>6-Aug-14</b>	NOVA	Emma C. Nunn	
200 Free Relay	1:46.04	<b>17-Jul-14</b>	LIB	Liberty Aquatics	M. Babcock, C. Gary, K. Hough, C. Simmons
400 Free Relay	3:51.23	<b>31-Jul-07</b>	NOVA	NOVA	J. Lewis, S. Glover, M. Evo, J. Witt
800 Free Relay	8:18.64	<b>17-Mar-09</b>	NOVA	NOVA	R. Naurath, A. Haulsee, A. Brown, A. Titley
200 Medley Relay	1:57.56	<b>18-Jul-13</b>	LIB	Liberty Aquatics	E. Kaufman, L. Day, J. Reinhardt, M. Babcock
400 Medley Relay	4:17.19	<b>10-Aug-09</b>	NOVA	NOVA	E. Worrell, R. Rainer, A. Titley, R. Naurath

**RECORDS VSI Long Course**

**LC Meters-Men**

10 & U	50 Free	29.45	<b>1-May-15</b>	TIDE	Samuel Quarles		
	100 Free	1:05.72	<b>7-Aug-96</b>	RACE	Adam Farnham		
	200 Free	2:18.99	<b>25-Jun-10</b>	GATR	Keith M. Myburgh		
	400 Free	4:51.11	<b>29-Jul-10</b>	GATR	Keith M. Myburgh		
	50 Back	34.18	<b>5-Aug-98</b>	FTE	David Walters		
	100 Back	1:14.80	<b>11-Aug-10</b>	VA	Keith M. Myburgh		
	50 Breast	38.58	<b>8-Aug-90</b>	RAYS	Danny Pyle		
	100 Breast	1:24.76	<b>11-Aug-04</b>	NOVA	Robert DeWolff		
	50 Fly	31.24	<b>25-May-85</b>	BRAC	Ryan Bradley		
	100 Fly	1:12.06	<b>30-Jul-09</b>	CYAC	Brian Hynes		
	200 IM	2:35.93	<b>29-Jul-10</b>	GATR	Keith M. Myburgh		
	200 Free Relay	2:07.22	<b>28-Jul-11</b>	NOVA	NOVA	M. Whelan, N. Gaspar, P. Madden, N. Viers	
	400 Free Relay	4:40.35	<b>28-Jul-11</b>	NOVA	NOVA	M. Whelan, N. Gaspar, N. Viers, H. Wiley	
	200 Medley Relay	2:24.97	<b>28-Jul-11</b>	NOVA	NOVA	N. Gaspar, C. Whiting, M. Whelan, P. Madden	
	11-12	50 Free	25.93	<b>9-Aug-00</b>	SMAC	Lee Robertson	
		100 Free	57.47	<b>9-Aug-00</b>	SMAC	Lee Robertson	
200 Free		2:06.46	<b>7-Jul-83</b>	FTE	David Grazier		
400 Free		4:25.04	<b>8-Aug-12</b>	VA	Steven Mills		
800 Free		9:12.17	<b>21-Jun-12</b>	GATR	Keith M. Myburgh		
1500 Free		17:30.58	<b>17-May-14</b>	PSDN	Adam Kerr		
50 Back		29.12	<b>7-Aug-13</b>	RPST	Luke Durocher		
100 Back		1:05.07	<b>7-Aug-13</b>	RPST	Luke Durocher		
200 Back		2:16.71	<b>25-Jul-02</b>	NOVA	Tom Sheranek		
50 Breast		33.65	<b>13-Aug-92</b>	RAYS	Danny Pyle		
100 Breast		1:12.71	<b>12-Aug-09</b>	VA	James C. Kegelman		
200 Breast		2:37.86	<b>12-Aug-09</b>	VA	James C. Kegelman		
50 Fly		27.57	<b>25-Jul-13</b>	RPST	Luke Durocher		
100 Fly		1:02.23	<b>25-Jul-13</b>	RPST	Luke Durocher		
200 Fly		2:21.30	<b>12-Jul-02</b>	NOVA	Ian Vogt		
200 IM		2:20.52	<b>7-Aug-13</b>	RPST	Luke Durocher		
400 IM		5:03.19	<b>8-May-14</b>	PSDN	Adam Kerr		
200 Free Relay		1:52.32	<b>24-Jul-14</b>	NOVA	NOVA of Virginia Aquatics	A. Camurdan, J. Oberle, H. Sundlun, R. Hutcherson	
400 Free Relay		4:10.28	<b>25-Jul-13</b>	NOVA	NOVA	C. Whiting, D. Ripol, N. Viers, M. Whelan	
200 Medley Relay		2:03.78	<b>24-May-02</b>	NOVA	NOVA	Wren, Arencibia, Vogt, Brown	
400 Medley Relay	4:41.48	<b>24-Jul-14</b>	NOVA	NOVA of Virginia Aquatics	J. Oberle, D. Hellams, R. Hutcherson, A. Camurdan		
13-14	50 Free	24.50	<b>25-Jul-13</b>	PSDN	Cody Bollinger		
	100 Free	52.82	<b>2-Aug-94</b>	CGBD	Brett Cline		
	200 Free	1:56.37	<b>2-Aug-94</b>	CGBD	Brett Cline		
	400 Free	4:04.56	<b>21-Jul-11</b>	QDD	Henry C. Campbell		
	800 Free	8:25.26	<b>25-Aug-82</b>	BRAC	Jeff Utsch		
	1500 Free	16:20.23	<b>25-Aug-82</b>	BRAC	Jeff Utsch		
	100 Back	59.85	<b>28-Jul-05</b>	NOVA	Tom Sheranek		
	200 Back	2:09.28	<b>14-Jul-05</b>	NOVA	Tom Sheranek		
	100 Breast	1:07.11	<b>24-Jul-14</b>	GATR	Keith M. Myburgh		
	200 Breast	2:25.02	<b>24-Jul-14</b>	GATR	Keith M. Myburgh		
	100 Fly	58.14	<b>24-Jul-14</b>	RPST	Luke Durocher		
	200 Fly	2:07.71	<b>30-Jul-13</b>	NOVA	David Dixon		
	200 IM	2:12.02	<b>1-Aug-85</b>	PSDN	Keith Eberle		

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13-14	400 IM	4:35.57	<b>24-Jul-14</b>	GATR	Keith M. Myburgh	
	200 Free Relay	1:42.58	<b>25-Jul-13</b>	NOVA	NOVA	D. Dixon, J. Johnson, A. Rose, C. Nystrom
	400 Free Relay	3:47.27	<b>19-Jul-12</b>	SEVA	SEVA	N. Schwegel, Z. Becouvarakis, C. Stickle, J. Spire
	800 Free Relay	8:19.48	<b>29-Jul-12</b>	SEVA	SEVA	J. Spires, N. Schwegel, C. Stickle, Z. Becouvarak
	200 Medley Relay	1:53.83	<b>28-Jul-05</b>	NOVA	NOVA	T. Sheranek, J. Litz, K. Shaw, R. Anthony
	400 Medley Relay	4:06.98	<b>10-Jun-04</b>	NOVA	NOVA	D. Wren, J. Arencibia, I. Vogt, G. Brown
15-16	50 Free	23.63	<b>17-Mar-15</b>	PSDN	Cody Bollinger	
	100 Free	50.60	<b>5-Aug-13</b>	NOVA	Townley Haas	
	200 Free	1:50.34	<b>5-Aug-13</b>	NOVA	Townley Haas	
	400 Free	3:51.99	<b>5-Aug-13</b>	NOVA	Townley Haas	
	800 Free	8:08.71	<b>14-Aug-84</b>	BRAC	Jeff Utsch	
	1500 Free	15:51.98	<b>14-Aug-84</b>	BRAC	Jeff Utsch	
	100 Back	57.04	<b>27-Jul-09</b>	RAYS	Josh Friedel	
	200 Back	2:01.70	<b>27-Jul-09</b>	RAYS	Josh Friedel	
	100 Breast	1:04.38	<b>11-Jan-07</b>	PSDN	Stuart Ferguson	
	200 Breast	2:19.26	<b>5-Aug-14</b>	NOVA	Charlie Swanson	
	100 Fly	55.75	<b>30-Jul-14</b>	NOVA	Ted Schubert	
	200 Fly	2:03.13	<b>27-Jul-09</b>	RAYS	Josh Friedel	
	200 IM	2:07.08	<b>22-Jul-13</b>	QDD	Henry C. Campbell	
	400 IM	4:26.38	<b>6-Aug-99</b>	NOVA	Bo Greenwood	
	200 Free Relay	1:39.62	<b>20-Jul-13</b>	SEVA	SEVA	G. Titsch, J. Spiores, J. Strelow, N. Schwegel
	400 Free Relay	3:36.92	<b>16-May-14</b>	NOVA	NOVA	J. Johnson, F. Schubert, C. Swanson, A. Schultz
	800 Free Relay	7:57.36	<b>30-Jul-13</b>	NOVA	NOVA	J. Larsen, J. Cortright, G. Brown, F. Schubert
	200 Medley Relay	1:52.71	<b>27-Jul-14</b>	GATR	GATR	A. Cargill, A. Russo, K. Fonder, J. Austin
	400 Medley Relay	4:00.91	<b>16-May-14</b>	NOVA	NOVA	W. O'Brien, C. Swanson, F. Schubert, J. Johnson
	17-18	50 Free	22.90	<b>15-May-14</b>	FUAC	Ali A. Khalafalla
100 Free		49.55	<b>27-Aug-14</b>	NOVA	Townley Haas	
200 Free		1:48.29	<b>27-Aug-14</b>	NOVA	Townley Haas	
400 Free		3:52.01	<b>30-Jul-14</b>	NOVA	Townley Haas	
800 Free		8:00.99	<b>27-Aug-14</b>	NOVA	Townley Haas	
1500 Free		15:37.95	<b>27-Mar-01</b>	UVA	Ian Prichard	
100 Back		55.84	<b>23-Mar-88</b>	QDD	Jeff Rouse	
200 Back		2:01.46	<b>17-Mar-15</b>	NOVA	Wade O'Brien	
100 Breast		1:01.99	<b>30-Jul-13</b>	TIDE	Austin Temple	
200 Breast		2:17.84	<b>31-Jul-89</b>	RVAA	J. J. Freitag	
100 Fly		54.25	<b>4-Aug-08</b>	GATR	Frederico Castro	
200 Fly		2:00.31	<b>4-Aug-08</b>	GATR	Todd McGraw	
200 IM		2:04.84	<b>1-Mar-92</b>	PAST	Kurt Jachimowski	
400 IM		4:23.14	<b>28-Mar-00</b>	NOVA	Bo Greenwood	
200 Free Relay		1:37.10	<b>25-Jul-09</b>	PSDN	PSDN	A. Aceino, W. Strait, S. Ferguson, S. Rairden
400 Free Relay		3:39.48	<b>25-Jul-09</b>	CGBD	CGBD	E. Rutherford,, C. Cirillo, M. Wilcox, A. Skipper
800 Free Relay		8:03.39	<b>30-Jul-13</b>	PSDN	PSDN	C. Zamparello, A. Drummond, M. Lynch, B. McCarthy
200 Medley Relay		1:47.05	<b>25-Jul-09</b>	PSDN	PSDN	S. Rairden, S. Ferguson, W. Strait, A. Aceino
400 Medley Relay		3:51.94	<b>17-Mar-09</b>	PSDN	PSDN	S. Rairden, S. Ferguson, C. Borysewicz, A. aceino
50 Free		22.70	<b>14-May-09</b>	HOKI	Kaan Tayla	
100 Free		49.69	<b>6-Aug-14</b>	NOVA	Townley Haas	
200 Free		1:48.32	<b>27-Aug-14</b>	NOVA	Townley Haas	
400 Free		3:51.99	<b>5-Aug-13</b>	NOVA	Townley Haas	
800 Free		8:01.82	<b>30-Jul-14</b>	NOVA	Townley Haas	

**RECORDS VSI Long Course**

1500 Free	15:28.19	<b>1-Aug-06</b>	NOVA	John Millen	
100 Back	53.93	<b>22-Aug-91</b>	QDD	Jeff Rouse	
200 Back	1:59.37	<b>1-Mar-92</b>	QDD	Jeff Rouse	
100 Breast	1:01.99	<b>20-Jul-13</b>	TIDE	Austin Temple	
200 Breast	2:15.10	<b>2-Aug-11</b>	UN	William T. Harris	
100 Fly	53.16	<b>7-Jul-04</b>	CGBD	Peter Verhoef	
200 Fly	1:58.65	<b>23-Jul-09</b>	UQDD	Samuel T. McGraw	
200 IM	2:00.91	<b>2-Aug-11</b>	UN	William T. Harris	
400 IM	4:17.63	<b>3-Aug-10</b>	PSDN	Tyler Harris	
200 Free Relay	1:32.72	<b>17-Mar-09</b>	HOKI	HOKI	K. Botha, K. Tayla, R. Ulatowski, E. Gregg
400 Free Relay	3:28.83	<b>12-Aug-02</b>	NOVA	NOVA	L. Wagner, C. Greenwood, J. Haag, L. Anderson
800 Free Relay	7:37.87	<b>30-Jul-14</b>	NOVA	NOVA	S. Erickson, F. Schubert, C. Swanson, F. Haas
200 Medley Relay	1:44.67	<b>18-Jul-13</b>	PSDN	PSDN	M. Latimer, A. Strait, F. Byrne, J. Rich
400 Medley Relay	3:49.82	<b>14-Aug-01</b>	NOVA	NOVA	Greenwood, Baird, Finch, Anderson